	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00	Indoor Cycle		Indoor Cycle				
7:30							
8:00		Legs, Bums & Tums		Box Fit			
8:30							
9:00		Studio Pump		Circuits			
9:30			Legs, Bums & Tums		Indoor Cycle		
10:00	Archery	Archery	Archery	Archery	Mini Archery	Archery	Axe Throwing
10:45	Aquafit		Aquafit		Aquafit		
11:00		Chalk Art	Mud Kitchen	Bubble Bonanza		Chalk Art	Mud Kitchen
11:15						Chocolate Workshop	Birdfeeder Workshop
11:30	Axe Throwing	Axe Throwing	Axe Throwing	Axe Throwing	Archery	Archery	Axe Throwing
12:00							
12:30							
13:00		Sculpture Safari	Bubble Bonanza	Chalk Art		Mini Archery / Bubble Bonanza	Outdoor Art / Chalk Art
13:30	Mini Archery	Nerf Wars	Mini Archery	Den Building	Mini Archery	Nerf Wars	Chocolate Workshop
14:00							
14:30						Pizza Making	Carnival Games
15:00	Make a Bear	Make a Bear / Combat Archery	Make a Bear / Chocolate Workshop	Make a Bear / Pizza Making	Make a Bear	Make a Bear	Make a Bear
15:30	Stuffa Squishie				Stuffa Squishie	Combat Archery	Den Building
16:00						Outdoor Art	Bug Hotel Workshop
16:30							
17:00						Quiz	
17:30							
18:00		Box Fit					
18:30							
19:00			Yoga				

Instructor Led Session | Fitness Class | Self Led Session

Instructor Led Sessions are scheduled at set times and must also be booked in advance to avoid disappointment.

WEEKLY EXPERIENCE CALENDER

INSTRUCTOR LED SESSIONS

Make a Memory: Pottery
Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £10

Create a beautiful keepsake with our hand prints pottery painting session, perfect for capturing little moments during your Mole Resort stay. A relaxed, creative experience where tiny hands become lasting memories.

Pottery Painting
Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £14.99

Slow down and get creative with a pottery painting session inspired by colour, imagination and a little Mole magic. Choose your piece, design it your way and take home a handmade reminder of your stay.

Outdoor Art
Age range: Any **Session Length:** 45m

Location: Crafts Room **Price:** £5

Let nature inspire your creativity with an outdoor art session surrounded by the beauty of the resort. A relaxed, hands-on experience perfect for little artists and creative minds.

Stuffa Squishie
Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £20

Bring your very own soft and squishy friend to life in our Squishmallow-style teddy making session. Choose, stuff and name your cuddly companion before taking home a special keepsake from your Mole Resort adventure

Birdfeeder Workshop
Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £7.50

Create your very own birdfeeder and give a little back to nature during your stay. A lovely hands-on workshop for families who want to support our feathered friends around the resort.

Make a Bear
Age range: Any **Session Length:** 60m

Location: Crafts Room **Price:** From £20

Bring a new cuddly companion to life in our Make a Bear experience. Choose, stuff and name your bear before taking home a special keepsake from your Mole Resort adventure.

Bug Hotel Workshop
Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £7.50

Build a cosy little home for the resort's smallest residents in our bug hotel workshop. A fun, eco-friendly activity that helps children learn about wildlife and nature.

Nerf Wars
Age range: 6+ **Session Length:** 60m

Location: Entrance Fields **Price:** £15

Get ready for action with a high-energy Nerf battle full of teamwork, tactics and fun. Duck, dodge and aim your way through this fast-paced challenge.

Axe Throwing
Age range: 10+ **Session Length:** 60m

Location: Danger Zone **Price:** £20

Channel your inner woodland warrior with an exciting axe throwing experience in the fresh air. With expert guidance and a touch of friendly rivalry, it's a memorable activity for those who love something a little different.

Archery
Age range: 10+ **Session Length:** 60m

Location: Danger Zone **Price:** £20

Take aim in the great outdoors with a fun and friendly archery session, perfect for beginners and budding marksmen. Learn the basics, build your confidence and enjoy a little Mole-style competition.

Mini Archery
Age range: 4+ **Session Length:** 45m

Location: Danger Zone **Price:** £12.50

A perfect introduction to archery for younger adventurers. Mini archers can learn the basics, take aim and enjoy a fun, safe session designed just for them.

Combat Archery
Age range: 10+ **Session Length:** 60m

Location: Entrance Fields **Price:** £20

Archery meets action in this fast-paced team challenge. Dodge, aim and fire foam-tipped arrows in a thrilling outdoor battle that's full of energy, tactics and laughs.

WEEKLY EXPERIENCE CALENDER

INSTRUCTOR LED SESSIONS

Pizza Making
Age range: Any **Session Length:** 45m

Location: Dartmoor **Price:** £15

Roll, top and create your very own delicious pizza in this hands-on foodie experience. A fun and tasty session for budding chefs and hungry families alike.

Chocolate Workshop
Age range: Any **Session Length:** 45m

Location: Dartmoor **Price:** £15

Indulge your creative side with a delicious chocolate workshop. Design, decorate and enjoy your own sweet creation in a fun hands-on experience.

Kids Movie
Age range: Any **Session Length:** Varies

Location: Dartmoor **Price:** Free

Settle in and enjoy a cosy kids' movie showing, perfect for a little downtime after a day of exploring. A relaxed family-friendly session with big-screen fun and feel-good entertainment.

Quiz
Age range: Any **Session Length:** 60m

Location: Dartmoor **Price:** Free

Put your knowledge to the test with our fun resort quiz. Gather your team, enjoy some friendly competition and see who will be crowned quiz champions.

Carnival Games
Age range: Any **Session Length:** 45m

Location: Front Lawn **Price:** £5

Step right up for classic carnival-style fun with games, challenges and prizes to enjoy. A light-hearted experience full of colour, laughter and family-friendly competition.

Den Building
Age range: 6+ **Session Length:** 45m

Location: Bushcraft Area **Price:** £10

Head outdoors and build your very own woodland hideaway. Using teamwork, creativity and natural materials, this is a brilliant adventure for little explorers.

SELF LED SESSIONS

Inflatable Fun
Age range: Any **Session Length:** 30m

Location: Indoor Pool **Price:** £5

Make a splash with our pool inflatable session, packed with plenty of water-based fun. Perfect for energetic guests looking to burn off some excitement in the pool.

Bubble Bonanza
Age range: Any **Session Length:** 30m

Location: Activities Desk **Price:** Free

Step into a world of bubbles and feel-good fun. Perfect for younger guests, this playful session is sure to bring smiles.

Chalk Art
Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** Free

Add a splash of colour to the resort with a playful chalk art session. Little creators can draw, decorate and let their imagination run wild in the fresh air.

Sculpture Safari
Age range: Any **Session Length:** 30m

Location: Activities Desk **Price:** Free

Explore your creative side with a nature-inspired sculpture adventure. Using imagination and natural materials, guests can create their own mini masterpiece with a wild and wonderful twist.

WEEKLY EXPERIENCE CALENDER

SELF LED SESSIONS

Mud Kitchen
Age range: Any **Session Length:** 30m

Location: Activities Desk **Price:** Free

Let little imaginations get messy in our mud kitchen experience. Mixing, making and playing with nature, it's the perfect outdoor activity for curious young explorers.

FITNESS CLASS

Box Fit
Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

A punchy, high-energy fitness session designed to get you moving and feeling strong. Expect pad work, cardio and a great workout in a fun, supportive environment.

Yoga
Age range: 16+ **Session Length:** 60m

Location: Studio **Price:** Free

Take time to pause, stretch and reconnect with a calming yoga session at the resort. A peaceful experience designed to help you unwind, breathe and reset.

Indoor Cycle
Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

Push your pace and ride to the rhythm in our indoor cycle class. A motivating cardio workout designed to build energy, stamina and strength.

Legs, Bums & Tums
Age range: 16+ **Session Length:** 60m

Location: Studio **Price:** Free

Target, tone and strengthen in this focused fitness class. A fun and effective workout designed to work the lower body and core.

Circuits
Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

Move through a variety of stations in this energising full-body workout. Expect strength, cardio and plenty of motivation in a fast-paced group session.

Studio Pump
Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

Build strength and confidence with a powerful studio-based resistance workout. Using weights and motivating music, this class is designed to tone, lift and energise.

Pool Volleyball
Age range: 10+ **Session Length:** 45m

Location: Indoor Pool **Price:** £5

Dive into the action with a lively game of pool volleyball. A fun, social and energetic pool session that's perfect for guests who love a bit of friendly competition.

Aquafit
Age range: 16+ **Session Length:** 45m

Location: Indoor Pool **Price:** Free

Enjoy a refreshing workout in the water with our aqua fit session. Low-impact, energising and fun, it's a great way to move, tone and feel good.